Consent Quick Guide

give permission for a particular activity.



Office of Institutional Equity | New Mexico State University | Equity.NMSU.EDU

Listen for "YES"

Make Sure "YES"

Means "YES"

Keep the

and ongoing

1.

Consent is fundamental: You must obtain consent before engaging in or deciding to move forward with any type of sexual activity.

expressed in mutually understandable words and actions, to engage in or

Consent: A clear, knowing, voluntary and unambiguous agreement,

2. Consent requires communication: Verbal communication, before engaging in sexual activity, is required for consent. Discussing your, and your partner's sexual needs, desires, and limitations, is the basis of a positive and consensual experience.

3. Consent is Affirmative: Listen for a clear and positive agreement. These factors do not count: The absence of 'No", silence, relying on body language, flirtation, coercion, marital or relationship status, power differentials, clothing choice, or a persons past behavior. The only affirmative statement of consent is <u>"YES"</u>.

4. **Consent is Voluntary:** Consent must be given freely and willingly. There is no consent if one person is being subjected to emotional or psychological pressure, intimidation, coercion or fear.

5. Consent must be sober: A person who is impaired in any way, asleep, or mentally or physically incapacitated, either through the effect of drugs or alcohol, or for any other reason, is not capable of giving consent. Using alcohol or drugs may also seriously interfere with the initiating party's judgment about whether consent was sought or given.

6. **Consent is not permanent:** Consent at one time does not imply future consent. Consent must be given freely during each specific act of sexual activity.

7. Consent may be revoked: Consent is subject to change and can be revoked or withdrawn at any time. Consent must be clear at each stage of a sexual encounter: Consenting to one sexual activity does not imply consent to further or other sexual activity.

Consent Requires Equality & Respect

conversation open

- **8. Consent is autonomous:** A current or past sexual or intimate relationship, such as dating, marriage, or friendship, does not imply consent.
- **9. Consent is equitable:** Consent is not valid when the individual pursuing the sexual activity holds power or authority over their partner, such as in an academic or workplace setting, or when one participant is under the legal age of consent.

UNDERSTANDING

10.Consent is essential.

Sexual Contact without consent is **sexual assault.**

Adapted from: Title IX Compliance Institute, National Center for Student Life. Created 8-2021 Revised 6-22

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What does OIE do?

committed to creating and maintaining a respectful, inclusive, and responsible learning and working environment.

The Office of Institutional Equity strives to support this commitment by promoting an inclusive, diverse, and supportive environment within the NMSU system, with the goal of enabling

New Mexico State University is our employees and students to To assist with this commitment, excel, regardless of age, ancestry, OIE is designated as the office color, disability, gender identity, that receives and processes all genetic information, origin, race, religion, serious for the NMSU system. OIE is a medical condition, sex (including pregnancy), sexual orientation, spousal affiliation, or protected veteran status, consistent with NMSU policy and state and federal laws.

national reports of unlawful discrimination neutral investigatory unit. Dr. Laura Castille, OIE Executive Director, serves as Title IX, ADA, and AAP Coordinator, responsible for ensuring compliance with federal and state laws.



The Office of Institutional Equity offers live one-on-one and group training, and e-modules for Title IX, Consent/Healthy **Relationships, Discrimination, Diversity &** Inclusion, and Pregnancy/ADA accommodations.

To request a training, visit EQUITY.NMSU.EDU and **SELECT Training Request**

#AggiesAlwaysAsk, OIE's distributes "Consent Condoms" to remind users of the need to obtain verbal consent before engaging in sexual activity.

Supportive Measures

If you have been sexually assaulted, sexually harassed, or need help, OIE may be able to provide supportive measures including:

- Title IX course withdrawal
- **Counseling or** Social Service Referrals
- **Course-related** adjustments
- **Campus Escort**
- **No-Contact Restrictions** / Orders
- **No Trespass Directives**



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- Restrictions
- Changes in Dining or Housing Arrangements
- Increased security and monitoring of campus sectors
- Modification to class or work schedules
- Authorized . leaves of absence
 - **Time extensions**
 - **Other similar** accommodations